

COMPLAINTS OF PATIENTS

Patients come to The Gelb Center with the following complaints:

1. A variety of ear ailments including fullness, ringing (tinnitus), and hyperacusis
2. Tension and migraine headaches
3. Sinus complaints including frequent infections and sinus pain and fullness
4. Clicking, grating and locking of the jaw joints
5. Limited range of motion with opening
6. Pain on chewing, talking and yawning
7. Uneven changing bite, receding jaw and anterior open bite
8. Clenching, grinding, and sleep bruxism
9. Excessive wear of certain teeth
10. Chronic unresolved tooth pain in root canaled and extracted tooth sites
11. Unresolved face pain and head pain

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www.gelbcenter.com

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Suite 1C
White Plains, NY 1060

T 914.686.4528
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HOURS OF PRACTICE:

Monday–Wednesday	8:30 am – 5 pm	NYC
Thursday	9:00 am – 5 pm	White Plains and NYC
Friday	8:30 am – 4 pm	NYC
Saturday		White Plains

ANNOUNCING THE NEW ADDRESS IN WHITE PLAINS!
12 Old Mamaroneck Road, Suite 1C, White Plains, NY 10601

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The Gelb Center praised in trade publications and magazines such as *Town&Country*, is directed by Dr. Michael Gelb. As one of the world's leading experts, he offers a combined seventy one years of experience in the diagnosis and treatment of TMD (Temporomandibular disorders) and Orofacial Pain. The Gelb Center differentiates its practice from other practitioners by **integrating diagnosis and treatment under one roof**. Specifically, it has developed a comprehensive on-site program of sameday diagnosis, creating and then implementing individualized treatment protocols.

DR. MICHAEL GELB, A TRUE PIONEER OF TMD AND OROFACIAL PAIN, HAS ACUPUNCTURIST, AND HERBALIST CREATE AN INTEGRATED ON-SITE CAN EXPERIENCE A CONTINUITY OF

Mr. Wallman's unique approach combines western physical therapy treatments such as joint mobilization, range of motion exercises, trigger point massage, ultrasound, light therapy and home exercise programs with the Chinese medicine approach of balancing the body's meridian system. To achieve such balance, the Yin & Yang must be in harmony which is accomplished by regulating the body's "Qi" (chi) or life energy force. This regulation of "Qi" is obtained utilizing ancient Chinese medicine treatments such as acupuncture, Chinese herbal medicine, diet therapy, and oriental body work. By integrating and individualizing these therapeutic treatments, the patient will be able to achieve proper jaw alignment, decrease pain and clicking, decrease grinding, and achieve a sense of calm, relaxation and clarity that will rejuvenate and restore proper mind/body health.

IN THE DIAGNOSIS AND TREATMENT TEAMED UP WITH PHYSICAL THERAPIST, JASON WALLMAN, MS, PT, LA C. TO THERAPEUTIC CENTER WHERE PATIENTS CARE THAT IS TRULY UNPRECEDENTED.

“For Marilyn Monroe it may have been Chanel No. 5, but for me it's the Gelb Appliance.”

—Janet Carlson Freed, *Town&Country*



Dr. Michael Gelb and Dr. Harold Gelb



Jason Wallman and Dr. Michael Gelb with patient

OUR TEAM

Michael L. Gelb, DDS, MS of New York is one of the world's leading specialists in orofacial pain, which includes TMJ, headaches and sleep disorders. He was the director of the TMJ and Orofacial Pain program at NYU where he is currently a clinical professor. Dr. Gelb has studied breathing related sleep disorders (BRSD), specializing in how they relate to fatigue, focus, pain, and the effects all of these can have on a person's life. Dr. Gelb received his DDS degree from Columbia University School of Dental and Oral Surgery in 1982 and his MS degree from SUNY Buffalo School of Dental Medicine. He is also Clinical Assistant Professor at Tufts University in Boston. He was awarded Diplomate of the American Board of Orofacial Pain in 1995. Dr. Gelb is an inventor of the NORAD, or Nocturnal Oral Airway Dilator appliance that reduces snoring by positioning the patient's tongue and jaw so that airways stay open. He has updated the Gelb appliance, named after his father.

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Jason H. Wallman, MS, PT, LA C. earned his Bachelor of Science degree in Physical Therapy from Quinnipiac University in 1995 and earned his Master of Science degree in Oriental Medicine from the New York College for Holistic Health, Education and Research in 2000. Mr. Wallman was awarded diplomate status in acupuncture by the National Certification Commission for Acupuncture and Oriental Medicine in 2000. Mr. Wallman specializes in chronic and acute pain conditions in the cervical spine and TMJ as well as general orthopedic sports rehabilitation and injury prevention. He combines his western medical background in physical therapy and nutrition, with his eastern medical expertise in acupuncture and Chinese herbal medicine in the rehabilitation and prevention of orthopedic disease. Mr. Wallman is currently an adjunct professor in the Oriental Medicine program at Touro College in New York City.

jwallman@gelbcenter.com

Additional Team Members: Dr. Harold Gelb, *TMJ*; Dr. Charles Lennon, *Prosthodontist*; Dr. Sathya Kallur, *Implantologist*